## THE MARATHON OF INVESTING

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Bull markets tend to climb slowly over time, while bear markets drop abruptly without warning, often causing extreme volatility.

Investors who become
complacent during an extended bull market get surprised when a bear appears. But if you can't ride out a decline of $30 \%$ once every five years, on average, being an equity investor may not be right for you.

Long-term investors must be prepared to endure significant market declines and periods of intermittent volatility. A broadly diversified mix of asset classes within a portfolio may help an investor withstand the inevitable ups and downs.

## HISTORY OF U.S. BULL AND BEAR MARKETS

Based on S\&P 500® Index Returns—12/31/1925 to 12/31/2022


Bear markets are defined from the last market high prior to the market closing down at least $20 \%$ to the lowest close after it's down 20\% or more.

To learn more, visit virtus.com or cal 800-243-4361.

Diversification: There is no guarantee that a diversified portfolio will outperform a non-diversified portfolio, or that diversification among different asset classes reduces risk Diversification: There is no guarantee that a diversitied portfolio will outperform a non-diversitied portfolio, or that diversification among different asset classes reduces risk.
Past performance is not indicative of future results. Returns for the S\&P $500^{\otimes}$ are cumulative. Source: $\$ \& P$ Dow Jones Indices. © 2023 Ned Davis Research, Inc. Further distribution Part performance is not indicative of future results. Returns for the S\&P $500^{\otimes}$ are cumulative. Source: S\&P Dow Jones Indices. © 2023 Ned Davis Research, Inc. Further distribution
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